

## Stroke Risk Factors in Minnesota 2007 At-A-Glance

		Cigarette Smoking	Physical Inactivity	Less than 5 fruits/veggies daily	High Blood Pressure	High Blood Cholesterol	Diabetes	Overweight	Obese
Overall		18.3	14.2	75.2	21.9	32.4	5.7	60.9	24.0
Gender	Male	18.4	14.2	80.6	21.7	32.8	6.7	72.0	27.0
	Female	18.2	14.2	70.0	22.0	32.0	4.8	50.3	21.1
Race/Ethnicity	White	17.9	13.6	75.0	22.5	32.6	5.7	61.3	23.7
	Black	23.7	24.9	81.5	-	-	-	66.1	28.2
	Hispanic	-	-	72.1	-	-	-	62.4	32.8
	Other	18.5	14.2	76.6	-	-	-	51.1	-
	Multiracial	-	-	72.3	-	-	-	-	-
Age	18-24	27.4	14.3	74.5	-	-	-	43.9	17.7
	25-34	20.2	9.5	76.4	8.6	15.2	-	60.8	25.3
	35-44	20.8	12.7	81.7	11.8	26.1	-	59.7	22.7
	45-54	20.2	13.1	71.6	19.2	32.9	5.3	65.7	26.0
	55-64	14.9	16.3	74.8	39.1	49.4	11.4	70.9	30.8
	65+	6.0	20.6	71.0	54.4	44.7	14.3	62.9	21.4
Income	<15,000	24.6	22.9	79.2	34.7	42.4	9.3	54.6	24.2
	15,000-24,999	26.8	22.5	71.3	29.3	37.7	10.0	66.2	28.5
	25,000-34,999	24.4	19.4	76.3	28.5	31.2	7.5	62.2	26.6
	35,000-49,999	22.1	15.6	81.9	18.0	32.8	5.5	66.4	29.5
	50,000+	12.9	8.6	73.1	17.6	30.9	4.0	61.7	22.2
Education	Less than HS	32.2	26.2	76.1	27.3	37.1	8.9	64.1	29.2
	HS or GED	26.9	21.0	79.7	27.2	39.0	7.2	62.6	26.9
	Some post HS	20.6	12.6	77.9	22.5	30.6	6.2	63.8	25.7
	College graduate	17.8	8.9	68.9	16.2	29.0	3.9	57.1	19.9

Source: Minnesota Behavioral Risk Factor Surveillance System Survey

Current cigarette smoking, physical inactivity, diabetes, overweight, and obesity data are from the 2006 BRFSS Survey.

Fruits and vegetable consumption, high blood pressure awareness, and high blood cholesterol awareness data are from the 2005 BRFSS Survey.

Note: Cells with fewer than 20 respondents are not reported, as estimates are unstable.

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